
St John Association Singapore Higher First Aid Course with Methods of Instruction

Introduction

Higher First Aid Course with Methods of Instruction is a first aid trainer course. The objective of this course is to educate and equip the participants in higher first aid principles and first aid treatment algorithms which are when conducting First Aid provider courses. The topics and lectures are presented by subject matter experts currently in the medical healthcare and training industries.

Eligibility

When applying, Applicant must:

- 1) be at least 21 years old;
- 2) produce valid *Adult First Aid, Standard First Aid**, EMT or Nursing certification;
- 3) produce valid Basic Cardiac Life Support Provider certification; and
- 4) produce valid CPR+AED Provider certification.

**Applicant must show evidence of recurring renewal of first aid certification (at least once, eg. first certification and refresher)*

Course Fee

The course fee is set at S\$2500.00 (subject to prevailing GST) per participant and must be paid before the commencement of course.

Assessment Mechanism

Knowledge – Candidates will sit through 50 MCQs (Annex A).

Oral Viva – Candidates will be assessed by doctors on their oral presentation of treatment procedures to case scenarios

Practicum – Each candidate will conduct two classes of first aid under supervision of a senior first aid trainer.

Course Topics

- 1) Introduction to First Aid Care
 - 2) Victim Assessment
 - 3) Burn Emergencies
 - 4) Injuries to the Face, Eye and Throat
 - 5) Musculoskeletal Injuries
 - 6) Head and Spine Injuries
 - 7) Common Sport and Recreational Injuries
 - 8) Bites and Stings
 - 9) Poisoning Emergencies
 - 10) Bleeding and Shock
 - 11) Chest/Abdominal/Limb Traumas
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- 12) Seizures, Dizziness and Fainting
 - 13) Diabetic Emergencies
 - 14) Respiratory Emergencies
 - 15) Cardiovascular and Stroke Emergencies
 - 16) Disaster Management
 - 17) Dressing and Bandaging
 - 18) Transportation

Validity of Certification

Upon successful completion of HFA, candidate will be issued with a certificate of two years validity to train Adult First Aid Course or Standard First Aid Course only. The certification may complement with other certifications (eg. ACTA and Child First Aid Training Providers' Immersion Course and Attachment) prescribed by accreditation authorities (eg. Ministry of Manpower and National First Aid Council), which are necessary for the conduct of other First Aid Courses (eg. Occupational First Aid Course and Child First Aid Course).

Renewal of Certification

Conditions for renewal are as follows:

- 1) Conduct at least 2 first aid classes under St John Association Singapore;
 - 2) Attend at least 2 Continuing Education Programmes a year; and
 - 3) Renewal fee of S\$100.00 (subject to prevailing GST).
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